

SIZE GUIDE

If your size is not listed below, please contact us on info@reactionsport.com

Sparring Kit

Shoe Size	2 & under	2.5-5	5.5-8	8.5-10.5	11+
Headguard	MEDIUM	MEDIUM	LARGE	LARGE	LARGE
Points Gloves <small>(Taekwondo Only)</small>	XS	SMALL	MEDIUM	LARGE	XL
Weighted Boxing Gloves <small>(Kick Boxing only)</small>	10oz (Jnr)	10oz (Jnr)	10oz (Jnr)	16oz <small>(Adult Only)</small>	16oz <small>(Adult Only)</small>
Groin Protector	SMALL	SMALL	MEDIUM	LARGE	LARGE
Shin Pads	XS	XS	SMALL	MEDIUM	MEDIUM
Feet Protector	XS	SMALL	MEDIUM	LARGE	XL
Shin & Ins (Kickboxing only) <small>Speak to instructor before ordering</small>	XS	XS	SMALL	MEDIUM	MEDIUM

Doboks

Size	Height (CM)
0000	100
000	110
00	120
0	130
1	140
2	150
3	160
4	170
5	180
6	190
7	200

T Shirts (100% Polyester)

Child Sizes

Measurements	XS 3/4 YEARS	S 5/6 YEARS	M 7/8 YEARS	L 9/11 YEARS	XL 12/13 YEARS
Chest	33 cm	36 cm	39 cm	42 cm	44.5 cm

Adult Sizes

Measurements	S	M	L	XL
Chest	48 cm	51.5 cm	55 cm	58.5 cm

T Shirts (100% Cotton)

Child Sizes

Measurements	XS 3/4 YEARS	S 5/6 YEARS	M 7/8 YEARS	L 9/11 YEARS	XL 12/13 YEARS
Chest	33 cm	35 cm	38 cm	40 cm	42 cm

Adult Sizes

Measurements	S	M	L	XL	XXL
Chest	45 cm	50 cm	55 cm	60 cm	65 cm

Hoodies

Child Sizes

Measurements	XS 3/4 YEARS	S 5/6 YEARS	M 7/8 YEARS	L 9/11 YEARS	XL 12/13 YEARS
Chest	56-63 cm	63-71 cm	71-76 cm	76-81 cm	81-86 cm

Adult Sizes

Measurements	S	M	L	XL
Chest	96-101cm	101-107cm	107-112cm	112-117cm

Shorts

Child Sizes

Measurements	6 YEARS	8 YEARS	10 YEARS	12 YEARS
Height	100-110 cm	110-120 cm	120-130 cm	130-140 cm

Adult Sizes

Measurements	S	M	L	XL
Waist	30 cm	32 cm	34 cm	36 cm

All questions or queries please contact us on info@reactionsport.co.uk